

## **Starlings Preschool Hot Weather policy**

## Policy statement

During times of hot and sunny weather, staff will take action to ensure children are protected from the effects of sun and heat.

## **Procedures**

During hot or sunny weather parents are asked to bring in named sun hats. Some spares are available here. Children are advised to put a hat on when they are outside in the sun.

Sun cream – parents are asked to apply cream before the session. If they wish sun cream to be reapplied they are asked to sign our sun cream form to give written authority for us to do so and we apply our own cream factor 50 to the children that in session for the whole day. If children come into preschool for just the afternoon session again we ask parents to apply cream before the arrive. Staff will use disposable gloves to apply cream when necessary. During periods of very hot weather, access to the garden is restricted between 11.30-1pm, unless shaded

Drinking water is always available. All children are reminded to have a drink at snack time - mid morning and afternoon. All children are encouraged to have a drink at lunchtime.

## Further guidance

http://www.nhs.uk/Livewell/travelhealth/Pages/SunsafetyQA.aspxNappy Changing

This policy was adopted at a meeting of Starlings Pre-school	(name of provider)	
Held on	(date)	
Date to be reviewed	(date)	
Signed on behalf of the provider		
Name of signatory		
Role of signatory (e.g. chair, director or owner)		